CULTURE OF HEALTH SUMMIT:

BUILDING PARTNERSHIPS TO TRANSFORM HEALTH

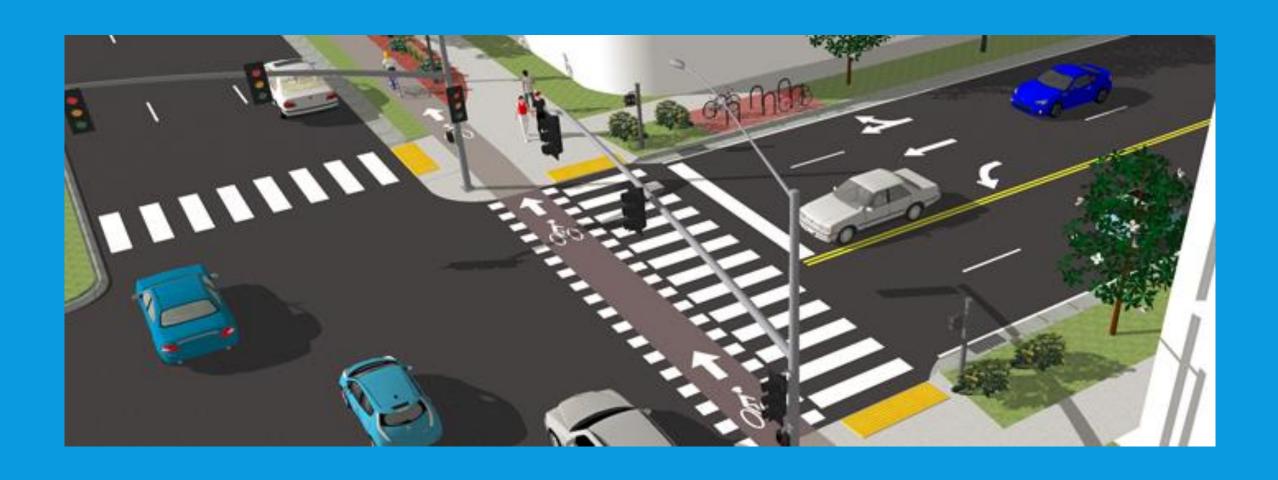
Thursday, April 27, 2017

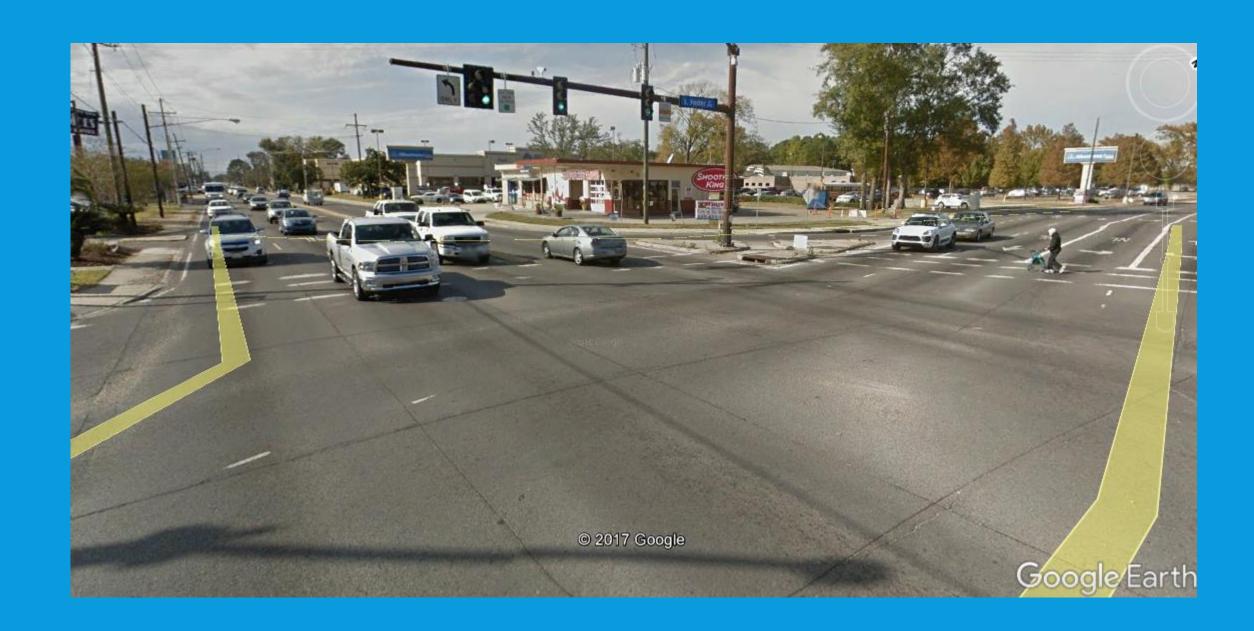
BUILDING HEALTHY COMMUNITIES

- Lynn Maloney-Mújica, AICP
- Senior Environmental Scientist and Planner, ELOS Environmental, LLC
- AARP designated representative for the Louisiana Complete Streets Advisory Council
- Baton Rouge Sustainable Transportation Advisory Committee (STAC)
- Former Chair of Livable Communities Council



COMPLETE STREET





TRAPPED BY DESIGN

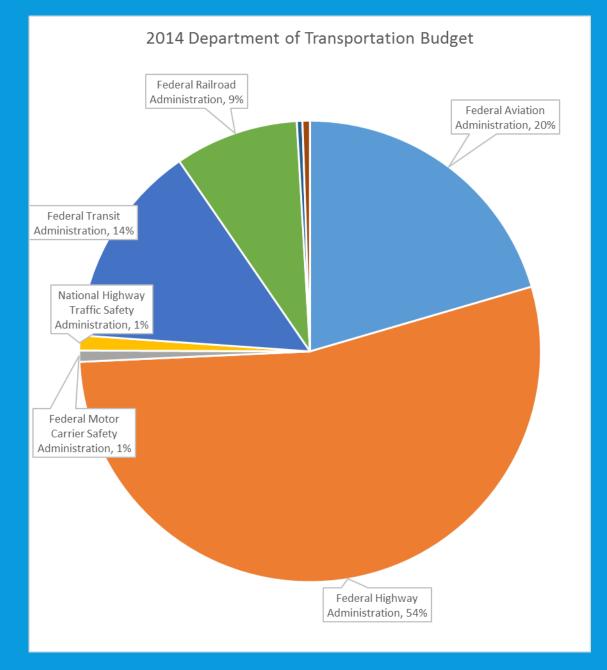
At the gym



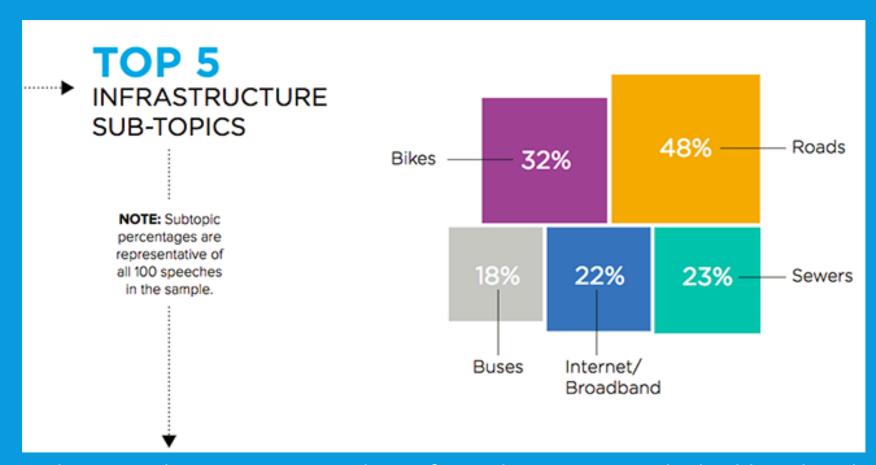
As part of our daily activities



TRAPPED BY DESIGN



MAYORS TOP 5 INFRASTRUCTURE TOPICS (2014)



http://www.nlc.org/article/mayors-nationwide-are-focused-on-improving-the-health-and-vitality-of-cities

COMPLETE STREETS: A TOOL TO OPEN THE CAGE

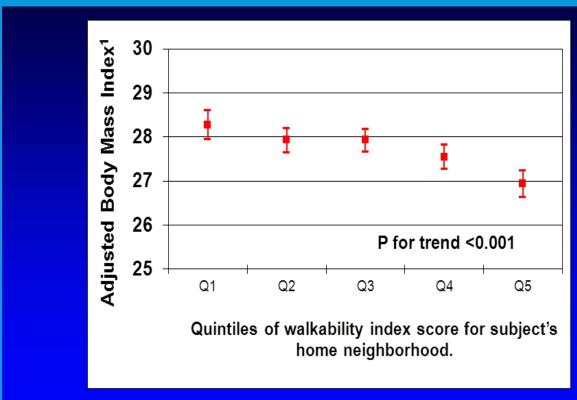
Create Social and Physical Environments that Promote Good Health for All

- Eating well
- Staying active
- Not smoking
- Access to medical care preventive and curative
- Social interactions and relationships

OTHER PUBLIC HEALTH CONSIDERATIONS

- Environmental pollutants
- Greenhouse gases and climate change
- Transportation safety
- Crime prevention
- More efficient allocation of scarce federal funds for public purposes
- Preservation of scarce green space

NEIGHBORHOOD WALKABILITY AND BMI

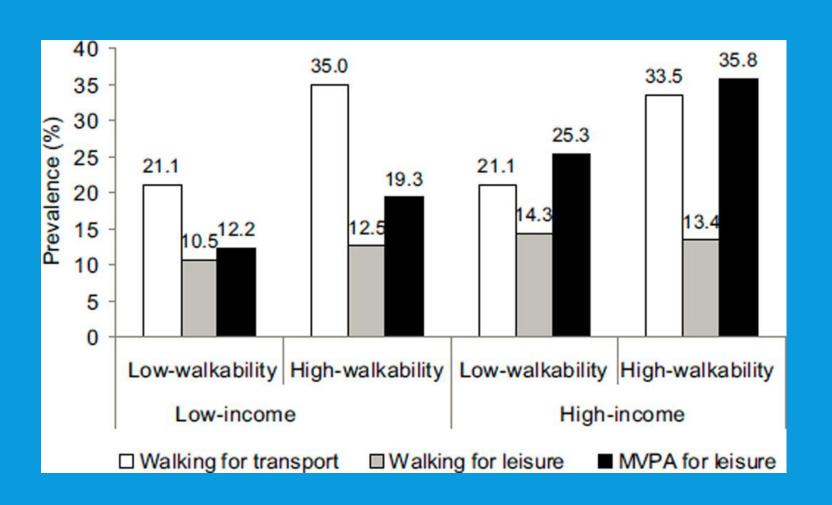


1. Adjusted for individual age, race, gender and education, and neighborhood poverty, % Black, and % Hispanic.

Indicators of neighborhood walkability were associated with lower BMI among adults and higher levels of physical activity in children (higher income = higher level of activity)

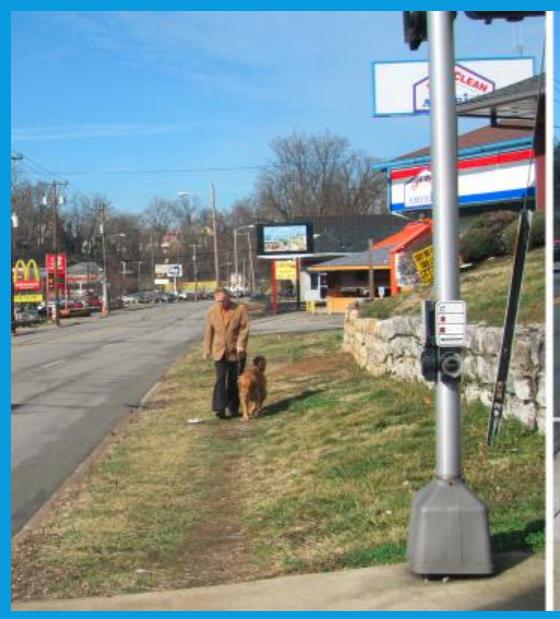
https://beh.columbia.edu/neighborhood-walkability/

WALKABILITY AND PHYSICAL ACTIVITY



A 2012 study of adults in Curitiba, Brazil showed that walkability is positively associated with physical activity regardless of neighborhood income level.

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3748398/







LOUISIANA

Louisiana Complete Streets Advisory Council

EDSM

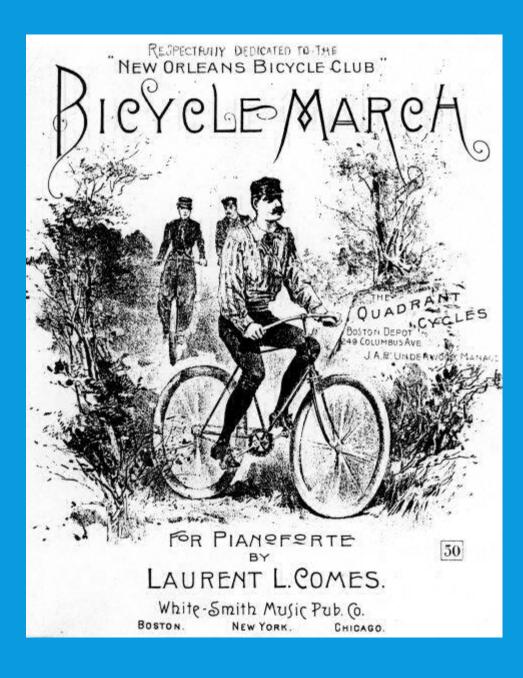
Design Guidelines

Performance Measures

NEW ORLEANS

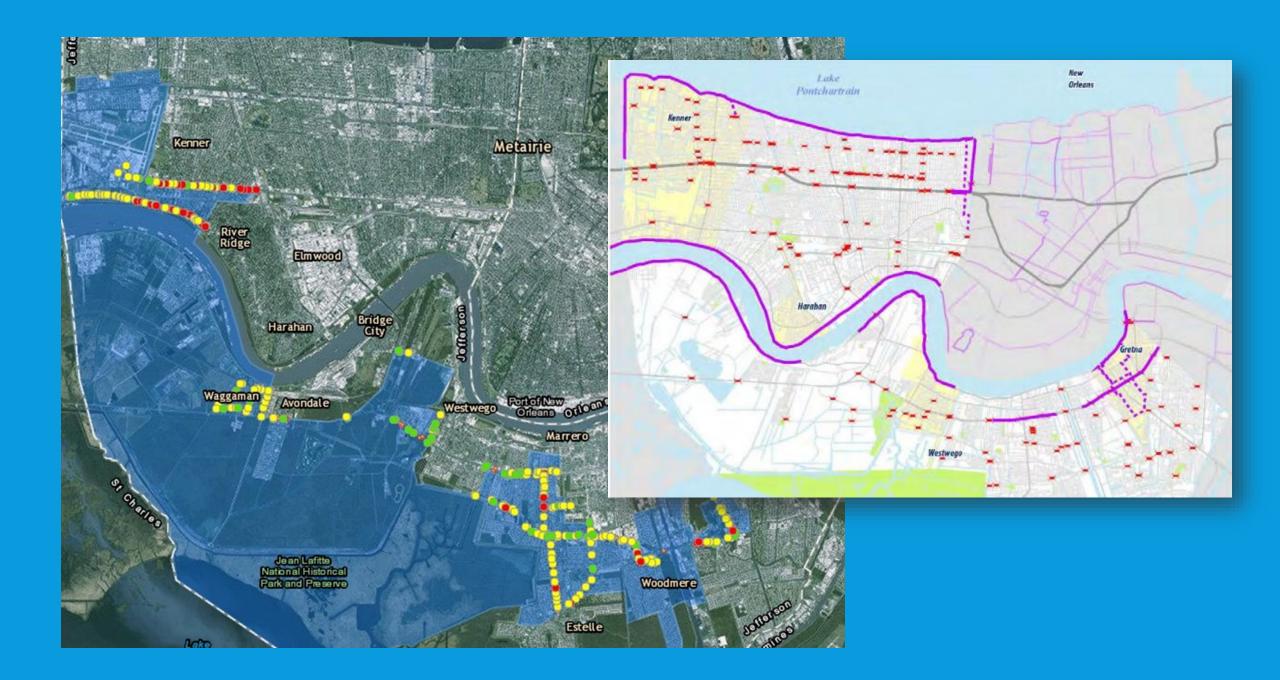


The original New Orleans
Bicycle Club was established in
the 1880's, and even built it's
own clubhouse at the corner of
Barrone and Gen. Taylor, just
off St. Charles Avenue. The
building was a warehouse for
Martin Wine Cellar until
Katrina in 2005, but he
commerative plaque in the
sidewalk is still there at the
corner.



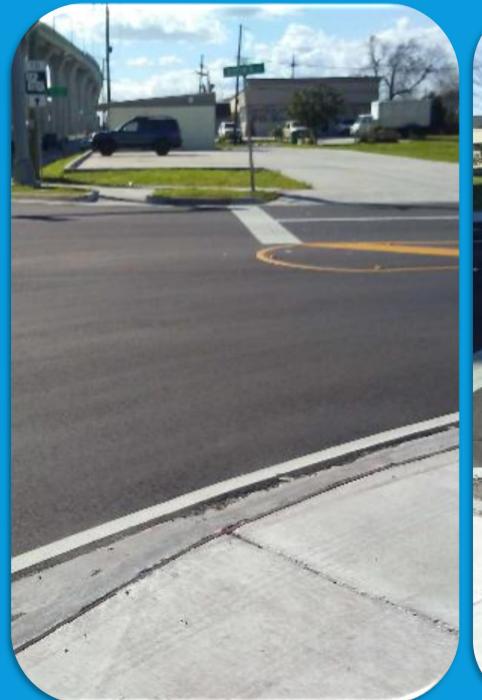
A great race sponsored by the Louisiana Cycling Club was held in October 1890. 100 miles along upper St Charles

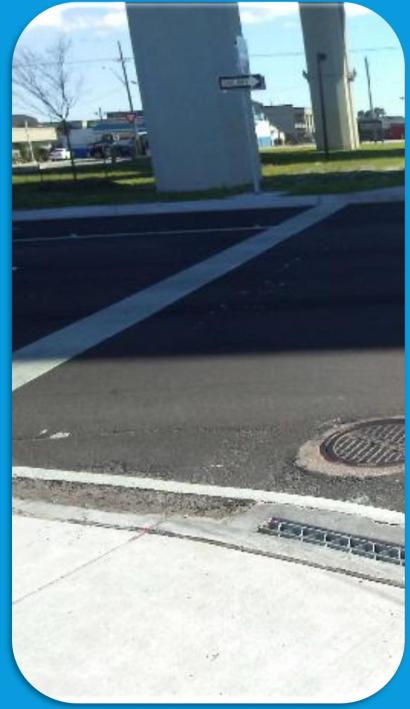
JEFFERSON PARISH







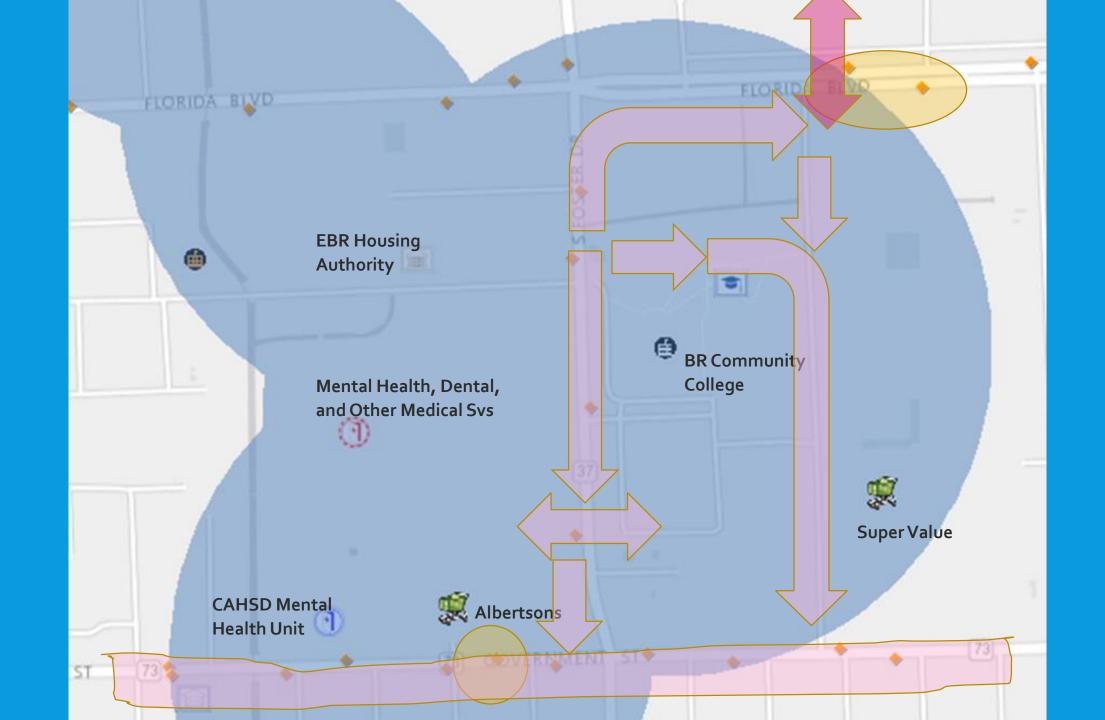


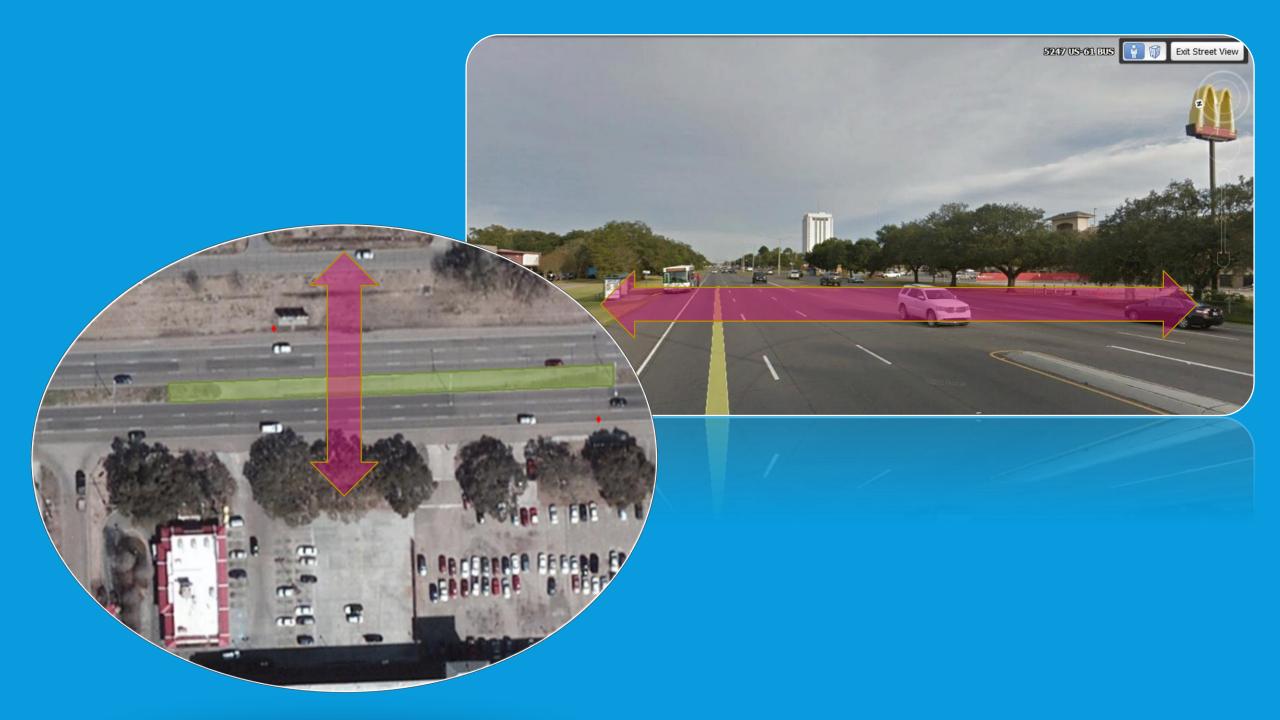


BATON ROUGE

Bird + 17 开 Bus Stop_STAC Smiley Heights W School 丹 School Private Public Hospital 0 Health Care Facility Clinic Full Service Hospital Eden Park Mental Health Center Specialty Hospital Public_Facility (#) A BREC Park 1 Community Center Courthouse EMS Station 0 Bernard Fire Station Terrace Ogden Park 17 Head Start Goodwood Center 0 Library Capital Heights Municipal Office Police or Sheriff Station Post Office 7 Public Works Official







RESOURCES

- National Complete Streets Coalition: https://smartgrowthamerica.org/program/national-complete-streets-coalition/
- Smart Growth America: https://smartgrowthamerica.org/app/legacy/documents/cs-webinar-complete-streets-implementation-and-design.pdf
- American Public Health Association: https://www.apha.org/~/media/files/pdf/topics/transport/apha_active_transportation _fact_sheet_2010.ashx
- Centers for Disease Control: https://www.cdc.gov/healthyplaces/transportation/promote_strategy.htm
- Louisiana Department of Transportation and Development: Jessica Deville, Active Transportation Engineer
- Louisiana Complete Streets Advisory Council: April Renard, Chairman (LDOTD)